

Mr. Tim Perkins
Managing Director
Health Management Group
P.O. Box 1230
Eagle Farm
Brisbane 4009

Dear Tim,

As my email said, thanks for the parcel and its contents, they will be well distributed and used.

Enclosed is an appreciation letter to your Company for providing the POWERbreathe appliances. Sorry my letter is so long, but, so are my complaints and I have had them for a long time.

It is nice to finally feel well again, without a lot of medications, some will be reduced or stopped altogether.

If you can benefit by using any portion of my letter, to assist in the sale of POWERbreathe, please do so, but, please retain my privacy.

Thanks very much again to you and POWERbreathe

Yours faithfully

A handwritten signature in black ink, appearing to be 'B. Perkins', written over the typed name 'Yours faithfully'.

BEFORE

I have had ASTHMA, COPD and EMPHYSEMA for the last 20 to 30 years, with no sign of any relief or improvement, other than that, received from taking my medications each day.

Due to my failing condition, I started home oxygen on 22 August 2008, to be on it at least 16 hours a day. If I had the energy or need to go "out", I had to take an oxygen cylinder with me to enable me to breath. What a great life. My wife, family and friends were noticeably upset and concerned about my health condition.

As both my Respiratory Specialist and General Practitioner told me in January 2008, there was nothing more they could do, as I was on maximum medication for my health complaints

From October 2007 to March 2009, I had four trips to John Flynn Hospital with viral lung infections, for I.V. injections of heavy doses of antibiotic, to help cure the infections, so that I could breathe.

My spray and inhalant medication have been doubled over the last 2 years. For the period 2007 to 2009 I have constantly been on heavy dosages of oral antibiotics.

My walking was limited to about 50 yards before I was gasping for breath, so, I usually sat down with my Oxygen Concentrator and did little.

Showering was an effort, any exertion at all, and I couldn't breathe. My Wife would sponge bath me and sometimes I would manage to shower using a shower stool to sit on. Great fun, I think not.

I had to give away my golf and tennis, mainly because I couldn't breathe. That is enough of my complaints

AFTER

Prior to 18 February 2009, whilst on the Internet and searching “breathing”, I located the website of POWER breathe and the product looked promising, also it appeared the appliance could work well.

I am not prone to buying products from the internet, so I phoned the 1800 number and found I could purchase the POWER breathe from Rebels at Pacific Fair. This I did and joy of joys, the most wonderful appliance I have ever bought.

I didn't start to use the POWER breathe as directed, until I came out of Hospital on 5/3/09[my 4th time there].

From the 8th March 2009 I commenced using the POWER breathe at the recommended time of twice a day, at 30 breathes each time.

On 19 March 2009 I visited my G.P. for a post hospital consultation. He, was to say, impressed on how well I looked and could breath. He put it down to the new medication the Respiratory Specialist had given me. I didn't try and alter his opinion.

On 30 March 2009 I had a follow up visit to the Respiratory Specialist. I walked in, no puffing or panting and not short of breath. He wanted to know where the person he discharged from hospital on 5/3/09 was and what had happened to him. By this time I was feeling very, very well and walked from parking my car without any discomfort at all.

I told the Specialist, it was partly, the new medicine he prescribed or using the POWER breathe. I gave him my copy of the brochure booklet suggesting the appliance could be helpful to some of his patients.

When I commenced using the POWER breathe, I started with the Load Adjustment Knob at “0” on the scale and am at present on “8” on the scale, this is a period of 7 to 8 weeks.

I was never one to believe in *MIRACLES* but, one has definitely occurred here, using the *POWER BREATHE*. I couldn't speak high enough about the results achieved over such a short time.

I am back playing golf again, though I drive an electric buggy. I am entitled because of my young age of 82.

I started playing tennis again last week. A few aches and pains, but they will get better.

I can walk ANYWHERE and I don't get short and gasp for breathe. If I get a little short of breathe, my recovery period is very good and I am not sitting down, or leaning on something whilst I recovered to walk another 50 yards.

In general, my health is better than it was 10 years ago.

My family and friends can't believe the improvement I have made in such a short period of time, neither can I. Many ask how it happened, so I tell them. Now with the brochure booklets I can explain clearly.

The promotional material will be given to my Specialist, G.P, and Chemist. The brochure booklets will be handed to any interested person. With the success I have had, I will be very happy to recommend this product of POWER breathe.

Please see the summarization page enclosed, it tends to show a clearer picture of Before and Now.

One other item for consideration and possible assistance to future customers of yours Is :-

When using the POWER breathe, the first 5 breathes are hard to do, so, I have a routine which is

Breaths from 1 to 10 take only at half inhaling.

Breaths from 11 to 20 take at slightly stronger inhaling

Breaths from 20 to 35 take at maximum inhaling and exhale at the rate, of three time longer than it took to inhale

This ensures that the user is getting the full 30 puffs.

Also do the 30 inhaling requirements three [3] times a day.

SUMMARY OF WHAT I COULDN'T AND COULD DO WITH THE MEDICAL COMPLAINTS

BEING:- ASTHMA COPD and EMPHYSEMA

ITEM	BEFORE	NOW
WALKING	For 50m, then rest to recover my breath from gasping etc., With an oxygen bottle, I walked slowly. Most times I had no energy or inclination to walk.	Daily walk with little or no breathing problems, considering I still have my Lung complaints
ASSISTING MY WIFE	Cleaning, vacuuming or doing odd jobs around the unit. Generally unable to do anything that required exertion.	Can manage now with the cleaning, if the Cleaner does arrive. Other Jobs as required.
SPORT	Stopped playing Tennis and Golf in July 08, mainly because of breathing problems.	Restarted tennis April 09 Restarted golf March 09, driving an Electric Cart.
SHOPPING	Unable to do weekly grocery shopping since Sept.08 Other shopping was reduced mainly because of energy and breathing problems .	Can manage any type of shopping with little or no breathing or energy problems.
GOING OUT FOR A MEAL	Difficult even with an oxygen bottle. Generally considered it was easier to stay at home.	No problems, anywhere at anytime.
DRIVING A CAR	Our car is garaged in the lower car park, about 100m from the lift . I would meet the wife at front door in an exhausted condition.	I now collect, drive and garage our car, with little or no problems with breathing.
OXYGEN	Commenced with oxygen in August 08. To be on oxygen 16 hours a day at home. When in Hospital 24 hours a day. Generally I became Housebound.	Last time on oxygen, after I was discharged from Hospital 5/3/09 [4 th time]. Hopefully I wont need to go on oxygen Again.
GENERAL HEALTH	“ Death warmed up “	Best that I have been for 10 years.